WE BRING NUTRITION TO YOU

Healthy Meal
Comida Saludable

Nutritional Shake Mix
For healthy nutrition and weight management

NET WT | PESO NETO: 27.4 OZ (750g)

cookies 'n cream
galletas con crema

HERBALIFE NUTRITION
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- Just Add Water
- Heart Smart
- Low Glycemic Index
- Certified Gluten-Free
We Want You to Succeed at Living Your Healthiest Life.

How often have you thought to yourself, “I wish I had more energy,” or “I want to eat better and live healthier”? We’ve all been there before, wanting our bodies to look different, feel energized and perform at higher levels.

That’s why we provide high-quality, science-based products that deliver the nutrients your body needs to thrive on a daily basis. Great nutrition has the power to help people do great things.

Of course, our products don’t stand alone. They go hand in hand with healthy eating and regular exercise. They also come with the support of Herbalife Independent Distributors. Our Distributors will help you get started with better nutritional choices and will guide you along the way to continued success.

We love improving people’s lives and have helped millions of people around the world incorporate convenient and customized nutrition into their routine. As you read the pages ahead, reflect on what living a healthy life means to you. Forget about where you’ve been or what obstacles have stood in your way before. The journey to your best self starts now!
Our nutrition philosophy is simple: it’s a combination of balanced nutrition, healthy activity and a personalized program with support from an Herbalife Independent Distributor.

Let’s break down your calories. So you know you need to eat right, but what does eating “right” really mean? For optimal well-being, we believe you should adopt a plan in the following areas:
**PROTEIN**

**What:** The building block of body proteins, including muscle.

**Why:** Helps satisfy hunger, maintain lean muscle mass and give you lasting energy.

**Where:** Lean meat, poultry, fish, eggs, Herbalife® Formula 1 Healthy Meal Nutritional Shake Mix, Personalized Protein Powder, Protein Drink Mix, Formula 1 Express Meal Bar and Protein Bar Deluxe.

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**CARBOHYDRATES**

**What:** Your body’s preferred source of fuel.

**Why:** A primary source of energy and fuel for the body.

**Where:** Fruits, vegetables, seeds, beans, whole grains, Herbalife® Formula 1 shakes, Protein Drink Mix, Formula 1 Express Meal Bar and Protein Bar Deluxe.

---

**FIBER**

**What:** A plant-based substance that aids in digestion.

**Why:** For digestive health, helps fill you up, and supports the growth of friendly intestinal bacteria.

**Where:** Found in fruits, vegetables, beans, peas, lentils, nuts, seeds, whole grains, Herbalife® Active Fiber Complex and Formula 1 Express Meal Bar.

---

**FATS**

**What:** A source of energy.

**Why:** Omega-3 fatty acids help support cardiovascular health.*

**Where:** Olive oil, avocados, egg yolks, ocean-caught fish, nuts, seeds and in dietary supplements like Herbalifeline®, Tri-Shield®, CoQ10 Plus and Core Complex.

---

**More than one-third (34.9% or 78.6 million) of U.S. adults are overweight or obese.†**

Herbalife is committed to helping people choose better nutrition and lead healthy, active lives.

---

**VITAMINS & MINERALS**

**What:** Organic and inorganic substances used by the body for healthy growth.

**Why:** Play a key role in cell function, help convert macronutrients into energy (B vitamins) and support the immune system (antioxidant vitamins C and E).*

**Where:** Found in fruits, vegetables, dairy products, eggs, meats, grains and Herbalife® Formula 1 shakes, Protein Drink Mix, Formula 1 Express Meal Bar and in dietary supplements such as Herbalife® Formula 2 Multivitamin Complex.

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**PHYTONUTRIENTS**

**What:** Plant-based substances that can have health-supporting functions.

**Why:** Some help your body defend against oxidative stress.*

**Where:** Fruits, vegetables, grains, beans, nuts and Herbalife® Garden 7®.

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**HYDRATION**

**What:** We recommend eight 8-ounce glasses of water per day for healthy hydration. However, individual fluid needs will vary.

**Why:** A hydrated body is less susceptible to fatigue, constipation, dry skin, and muscle cramps.*

**Where:** Several Herbalife® products, when mixed with water, including Herbal Aloe Concentrate, Green Tea and H3O®. Herbalife also offers other options for enhanced hydration during exercise,* such as Herbalife24® CR7 Drive.

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**EXERCISE**

**What:** Movement that gets your body active and your heart pumping.

**Why:** Just 30 minutes of exercise a day can make a difference.

**Where:** Indoors or outdoors—You don’t need fancy gym equipment to get moving!

---

**REST**

**What:** Giving your body a much-needed break.

**Why:** Getting your ZZZs is a critical piece of the feel-good/look-good puzzle.

**Where:** A cool, comfortable sleeping environment with the support of Herbalife® Sleep Now and Relax Now.

---

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Source: Centers for Disease Control and Prevention, 2014.
The development of Herbalife® products is guided by Herbalife Scientific Leadership made up of professionals in the fields of nutrition and health from around the world, who participate in the company’s product development and testing programs. The company and scientific staff are members of various research and professional societies and dietetic groups worldwide.

**JOHN AGWUNOBI, M.D., M.B.A., M.P.H.**
Chief Health and Nutrition Officer

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Chief Scientific Officer Emeritus,
Member, Herbalife Nutrition Advisory Board

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Chairman, Herbalife Nutrition Institute

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Senior Manager, Sports Performance
and Education

**JOHN HEISS, PH.D.**
Senior Director, Sports and Fitness,
Worldwide Product Marketing

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Nobel Laureate in Medicine,
Member, Herbalife Nutrition Advisory Board

**ROCÍO MEDINA, M.D.**
Vice Chairwoman and Member,
Herbalife Nutrition Advisory Board

**GARY SMALL, M.D.**
Member, Herbalife Nutrition Advisory Board

**VASILIOS “BILL” FRANKOS, PH.D., M.S.**
Senior Corporate Advisor,
Product Science, Safety and Compliance

*Dr. Lou Ignarro, a Nobel Laureate in medicine, is a scientific advisor to Herbalife and receives compensation for his endorsement of Herbalife® products. The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.*
Cellular Nutrition with our Three Core Products

**FORMULA 1**
Healthy Meal Nutritional Shake Mix

**FORMULA 2**
Multivitamin Complex

**FORMULA 3**
Cell Activator®

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CORE NUTRITION

THE PERFECT BLEND

Core nutrition focuses on the micronutrients and macronutrients you need to thrive each day. Our trio of core products works together to kick-start your healthy eating habits.

Formula 1 Healthy Meal Nutritional Shake Mix

Balanced nutrition: protein, fiber and vitamins

What's in it?
- 17 g of protein per serving, of which 9 g are provided by soy protein, when mixed with 8 oz of non-fat milk
- A good source of fiber
- 21 vitamins and minerals and essential nutrients
- Excellent source of antioxidants (vitamins A [as beta-carotene], C and E)
- Nutrient dense meal or snack

What does it do?
- A mix of protein, carbs and fiber helps fill you up*
- Lots of great-tasting flavors; endless combinations
- Protein helps build muscle tissue and maintain lean muscle mass
- When you consume 25 g of soy protein a day, as part of a diet low in saturated fat and cholesterol, you may reduce the risk of heart disease. One serving of Formula 1 provides 9 g of soy protein.
- Easy to customize for your taste and needs

†On the basis of laboratory tests of the formula for Glycemic Index (GI) value, this is a low-GI food.

Check out all the flavors

<table>
<thead>
<tr>
<th>Flavor</th>
<th>Weight (g)</th>
<th>Code</th>
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<tbody>
<tr>
<td>Café Latte</td>
<td>780</td>
<td>#2775</td>
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<tr>
<td>Cookies 'n Cream</td>
<td>750</td>
<td>#3110</td>
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<tr>
<td>Dulce de Leche</td>
<td>750</td>
<td>#2674</td>
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<tr>
<td>Dutch Chocolate</td>
<td>750</td>
<td>#3107</td>
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<td>Mint Chocolate</td>
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<td>#3138</td>
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<td>Orange Cream</td>
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<td>#1164</td>
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<td>Piña Colada</td>
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<td>Wild Berry</td>
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<td>#3108</td>
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Our special varieties

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<td>Vanilla Non-GM</td>
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<tr>
<td>Vanilla Kosher (550 g)</td>
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*People who use Herbalife Formula 1 twice a day as part of a healthy lifestyle can generally expect to lose around half a pound to 1 pound per week.

#2775 #3110 #2674 #3107 #3106 #3138 #1164 #3141 #3108 #2628 #3092 #1213 #0145

Available quantities may vary by country/region.
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Glutathione and vitamin C.

As much vitamin A as ¾ cup of cooked broccoli

As much calcium as 1¼ cups of cottage cheese

As much vitamin C as 2 small peaches

As much vitamin E as 5 whole almonds

As much fiber as 1 small apple

When prepared with 8 oz of non-fat milk

Formula 2 Multivitamin Complex

For everyday good health* with vitamins and minerals

- Provides 21 essential micronutrients
- Contains antioxidant vitamins A (as beta-carotene), C and E to support your immune system*
- Includes folic acid, calcium and iron
- Promotes healthy bones, skin and hair*

Multivitamin Complex #3115

Formula 3 Cell Activator®

Mitochondrial and nutrient absorption support*

- Formulated with alpha-lipoic acid, which helps regenerate antioxidant activity† within the cells*
- Formulated with aloe vera, which may help support the body’s absorption of micronutrients*

Cell Activator® #3123

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Glutathione and vitamin C.
**SET YOUR GOAL TODAY**

These are suggested programs. Timing of shake and snack consumption will vary based on your personal needs. Talk to your Herbalife Independent Distributor for more information.

<table>
<thead>
<tr>
<th><strong>WEIGHT LOSS</strong></th>
<th><strong>BREAKFAST</strong></th>
<th><strong>SNACK</strong></th>
<th><strong>LUNCH</strong></th>
<th><strong>SNACK</strong></th>
<th><strong>DINNER</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>EVERYDAY NUTRITION</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>SNACK</strong></td>
<td><strong>LUNCH</strong></td>
<td><strong>SNACK</strong></td>
<td><strong>DINNER</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>WEIGHT GAIN</strong></th>
<th><strong>BREAKFAST</strong></th>
<th><strong>LUNCH</strong></th>
<th><strong>DINNER</strong></th>
</tr>
</thead>
</table>

**HOW MUCH PROTEIN DO YOU NEED?**

Depending on your weight and goals, everyone needs a different amount of protein. Herbalife® Personalized Protein Powder and Protein Drink Mix can help supplement your protein needs.

(See pages 18 and 19 for more Herbalife® snacks.)
ADVANCED PROGRAM
Includes ALL Quickstart Program products, PLUS:
- Total Control™ with caffeine that stimulates metabolism†
- Cell-U-Loss® with corn silk to support fluid balance*

<table>
<thead>
<tr>
<th>Product</th>
<th>#</th>
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</thead>
<tbody>
<tr>
<td>Café Latte</td>
<td>4004</td>
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<td>Cookies ’n Cream</td>
<td>4803</td>
</tr>
<tr>
<td>Dutch Chocolate</td>
<td>4800</td>
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<tr>
<td>French Vanilla</td>
<td>4799</td>
</tr>
<tr>
<td>Piña Colada</td>
<td>3494</td>
</tr>
<tr>
<td>Wild Berry</td>
<td>4801</td>
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†Herbal Tea Concentrate provides 85 mg of caffeine per serving and Total Control™ provides 82 mg of caffeine per serving. It is recommended that products containing caffeine be used by healthy adult consumers and not recommended for those sensitive to caffeine. Pregnant or nursing women, individuals with medical conditions, or those taking medications should consult with a health care professional before use.

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††Aminogen® is a registered trademark of Triarco Industries.

§§On the basis of laboratory tests of the formula for Glycemic Index (GI) value, this is a low-GI food.

ULTIMATE PROGRAM
Includes ALL Advanced Program products, PLUS:
- Snack Defense® with gymnema and chromium that help support blood sugar levels already within the normal range*
- Aminogen® †† to break down proteins into smaller peptides*

<table>
<thead>
<tr>
<th>Product</th>
<th>#</th>
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<tbody>
<tr>
<td>Café Latte</td>
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<td>Piña Colada</td>
<td>3496</td>
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<tr>
<td>Wild Berry</td>
<td>4806</td>
</tr>
</tbody>
</table>

*A healthy weight-management program should include modest caloric intake, balanced diet and regular physical activity.

††Aminogen® is a registered trademark of Triarco Industries.

§§On the basis of laboratory tests of the formula for Glycemic Index (GI) value, this is a low-GI food.
THE HEALTHY WAY TO LOSE WEIGHT

Let’s turn weight loss into a reality. Herbalife has a number of products designed to enhance your weight-loss efforts, and some Herbalife® products contain caffeine to boost your metabolism.*

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Herbal Tea Concentrate

**Metabolize and revitalize***
Herbal Tea Concentrate is formulated with caffeine, which jump-starts your metabolism and provides a boost to help you feel revitalized.

<table>
<thead>
<tr>
<th>Size</th>
<th>Flavor</th>
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<tbody>
<tr>
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<tr>
<td></td>
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<tr>
<td></td>
<td>Peach</td>
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<td></td>
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<td>3.5 oz</td>
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<td>#0190</td>
</tr>
<tr>
<td></td>
<td>Raspberry</td>
<td>#0189</td>
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</tbody>
</table>

Metabolize and revitalize*:
- Jump-starts thermogenic (metabolic) activity†
- Boosts the feeling of energy†
- Provides antioxidant support
- Instant and low calorie
- For optimal experience, mix a little more than ½ teaspoon (1.7 g) with 6 to 8 oz of water

<table>
<thead>
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<th>Size</th>
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<td>Original</td>
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<td></td>
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<tr>
<td></td>
<td>Raspberry</td>
<td>#0918</td>
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</table>

PACKETS (15 packets per box)

Total Control®

**Stimulates metabolism***
Total Control® tablets contain a proprietary blend of tea extracts and caffeine, which quickly stimulates metabolism and provides an energetic and alert feeling.*

<table>
<thead>
<tr>
<th>Bottle</th>
<th>#0077</th>
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</thead>
<tbody>
<tr>
<td>Packets</td>
<td>#0076</td>
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<tr>
<td>(3 tablets each/20 packets per box)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bottle</th>
<th>Packets</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Control hunger, reduce fat***
This dual-action hunger control and fat-reduction powder* can be used as a boost to an Herbalife® shake or you can spoon it into milk or yogurt.

- A dual-action formula with clinically tested ingredients
- A unique emulsion of palm and oat oils helps to reduce calorie intake and provide a feeling of fullness*
- Conjugated linoleic acid helps decrease body fat*
- Stimulant-free

**Prolessa® Duo**

<table>
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<th>7-Day Trial size</th>
<th>#0761</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 servings</td>
<td>#1095</td>
</tr>
</tbody>
</table>

Control hunger, reduce fat*:
- Quickly stimulates metabolism*
- Increases alertness*
- Provides an energetic sensation*

Proressa® Duo Tablets

**Quickly stimulates metabolism**
**Increases alertness**
**Provides an energetic sensation**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
†Caffeine is known for its natural thermogenic (metabolic-boosting) benefits and green tea for its antioxidant properties.
‡Made with ingredients that have not been genetically modified.
Eating right and exercising is a good start, but what if you need a little more help?

**Thermo-Bond**

**Fiber blend**
- Formulated with sodium choleate and a fiber blend containing cellulose, apple, acacia, oat and citrus

**Aminogen**†

**Enzymes to support protein digestion***
- Enzymes help break protein chains into smaller peptides, which are molecules that the body can absorb*

**Cell-U-Loss**

**Electrolyte balance**
- Formulated with corn silk, an herb traditionally used for healthy elimination of water*
- Minerals to help you maintain electrolyte balance and a healthy pH level*

**Snack Defense**

**Supports blood sugar levels already within a normal range***
- Gymnema and chromium help support healthy blood sugar levels already within normal range*
- Excellent source of chromium

†Aminogen® is a registered trademark of Triarco Industries.
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Life can be a whirlwind of work, family gatherings and other events, but that doesn’t mean you have to put your wellness on the backburner. With a little commitment, it’s easy to squeeze in some exercise and stay on track.

**SMALL STEPS MAKE A BIG DIFFERENCE**

Perform these exercises in order 3 times a week with light weights to maintain your endurance and strength.

- Bicycle Crunch (16 each side)
- Forward Lunge (16 each side)
- Squat (16)
- Lateral Side Raises (16)
- Bridge (16)
Protein-based snack for energy and nutrition

Protein Drink Mix
Satisfy your hunger and stay energized with the power of protein

Add to your favorite Formula 1 shake to boost your protein intake to 24 g per serving, or enjoy as a nutritious snack.

- 15 g of soy protein per serving to help satisfy hunger and give you lasting energy
- 24 vitamins and minerals
- 5 to 6 g of carbs

<table>
<thead>
<tr>
<th>22-SERVE SIZE</th>
<th>30-SERVE SIZE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chocolate</td>
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<tr>
<td>Vanilla</td>
<td>#1122</td>
</tr>
<tr>
<td>Vanilla</td>
<td>#1426</td>
</tr>
</tbody>
</table>

Boost your protein
Personalized Protein Powder is a high-quality, non-fat protein blend that supports your weight-management and fitness goals. Increased protein intake helps you feel fuller longer and maintain your energy level between meals.

- Helps build and maintain lean muscle mass
- Non-fat protein to satisfy hunger
- 5 g of soy and whey protein, providing all 9 essential amino acids

Personalized Protein Powder
#0194
What You’ll Need:
2 scoops Herbalife® Formula 1 Healthy Meal Nutritional Shake Mix Vanilla Flavor
2 scoops Herbalife® Protein Drink Mix Vanilla Flavor*
1 cup (240 ml) cold water
1 cup (175 g) frozen apple slices
A few dashes each cinnamon, nutmeg, cloves
¼ tsp. vanilla extract
4 ice cubes

Blend Away:
Place all ingredients in blender and blend thoroughly until the ice cubes are completely crushed.

Apple Pie Shake with Protein Drink Mix

Try This Recipe!

*Nutritional content differs when prepared with water and Protein Drink Mix. Consult product labels for full nutritional content of both products.

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Protein-Powered Snacks

A healthy snacking habit can help you manage your weight and balance your diet. Try these products when looking to sustain your energy throughout the day.

Beverage Mix

- Peach Mango (14 servings per canister)
- Wild Berry (14 servings per canister)

#3121
#3119

- 15 g of protein help boost your energy while satisfying hunger between meals
- 70 calories*

Roasted Soy Nuts

- Salty, crunchy and nutritious
- 9 g of protein (good source)
- 100 calories per packet
- Convenient, portion-controlled snack for on-the-go use

Chile Lime #3142
(12 packets per box)

Protein Bar Deluxe

- Chile Lime
- Citrus Lemon
- Vanilla Almond

- 10 g of protein per serving
- Excellent source of protein, which helps sustain energy, satisfy hunger, and build and maintain lean muscle mass
- Milk chocolate-covered protein snack with 140 calories per bar

Chocolate Peanut #0365
Citrus Lemon #0366
Vanilla Almond #0364
(14 bars per box)

*Not a low-calorie food.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

Not a low-calorie food.

Healthy Weight | Protein Snacks

No sugar

Salty, crunchy and nutritious

Rich and chewy

Milk chocolate-covered protein snack with 140 calories per bar

(14 bars per box)

*Not a low-calorie food.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

*Not a low-calorie food.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.
Try to consume protein within 30 minutes of finishing your workout. Consumption of protein can help to increase muscle mass when consumed post-exercise.

Samantha Clayton
Senior Director, Worldwide Fitness Education, Herbalife

Protein Bar

23 vitamins and minerals
- 12 g of protein including soy, whey and casein
- Excellent source of protein
- Protein helps sustain energy, satisfy hunger, and build and maintain lean muscle

Chocolate Coconut
(14 bars per box)

Soup Mix

Perfect savory snack
- 16 g of protein
- 80 calories
- Excellent source of protein and adds variety to your weight-management program

Creamy Chicken
(7 packets per box)

“Try to consume protein within 30 minutes of finishing your workout. Consumption of protein can help to increase muscle mass when consumed post-exercise.”

Samantha Clayton
Senior Director, Worldwide Fitness Education, Herbalife
Always make sure to have some of these on-the-go meals around to help meet your goals.
Formula 1 Instant Healthy Meal Nutritional Shake Mix

A quick meal anytime for healthy nutrition and weight management
- An instant healthy meal anytime, anywhere
- 20 g of protein
- 24 vitamins and minerals, including calcium from an 8 oz glass of milk
- Excellent source of antioxidant vitamins C and E

CANISTER
Creamy Chocolate #2794
Vanilla Dream #2795

Formula 1 + PDM On The Go

A convenient, protein-packed meal
Offers a combination of Formula 1 Cookies ’n Cream and Protein Drink Mix Vanilla to deliver a rich flavor and creamy texture with an extra boost of protein.
- Essential nutrients, including 24 vitamins and minerals
- High in protein
- Excellent source of fiber (5 g per serving)

17 G OF PROTEIN* #3145
(7 packets per bag)

24 G OF PROTEIN* #1235
(7 packets per bag)

*Amount per serving.

Formula 1 Express Meal Bar

Great-tasting meal replacement with protein and fiber
All the nutrition of Formula 1 in a convenient bar.
- Contains 21 vitamins and minerals
- Packed with 15 g of protein per serving
- 5 g of fiber to help support weight management
- Individually wrapped for on-the-go use

Cookies ’n Cream #2792
(7 bars per box)
Simply Probiotic is a daily, science-backed probiotic that can get you back on track. Powered by a patented GanedenBC30® probiotic strain, it helps balance the good and bad bacteria in your system and survives the gastric journey, ensuring your whole body functions as efficiently as possible.

*GanedenBC30® is a registered trademark of Ganeden Biotech.
3 EASY STEPS TO A HEALTHY, BALANCED LIFE

**STEP 1**
Try Simply Probiotic with your favorite food or drink – hot, cold or frozen.
Mixes easily in your favorite hot or cold Herbalife® shake, tea or aloe drink. Use as directed.

**STEP 2**
Incorporate Simply Probiotic into your daily routine.
Don’t worry; you won’t need to change your current lifestyle. Simply Probiotic requires no refrigeration and comes in a convenient powdered format, making it easy to take with you everywhere you go.

**STEP 3**
Continue to eat healthy and stay active.
Your gut – and overall health – will love you for it!

**Simply Probiotic**
A convenient way to add 1 billion active probiotic cultures to your daily nutrition routine

- Designed with a GanedenBC® probiotic
- Delivers 1 billion active probiotic cultures per serving, which promote digestive health
- Up to 70% of BC30 cells survive to colonize the gut (Based on in vitro study simulating gastrointestinal conditions)
- Promotes growth of friendly, beneficial bacteria
- Made with non-GM ingredients
- Zero calories

*GanedenBC® is a registered trademark of Ganeden Biotech.*
You might be familiar with aloe vera gel and its variety of uses in topical form. But there is another form of aloe that has a number of benefits—like soothing your stomach and helping to support healthy digestion. Herbalife® Herbal Aloe products are formulated with premium-quality aloe vera, and can be used on a daily basis.
Supports healthy digestion

- Soothes the stomach
- Supports healthy digestion
- Relieves occasional indigestion
- Supports nutrient absorption and intestinal health

Herbal Aloe Powder

Mango Accent (4.23 oz) #2748

Herbal Aloe Concentrate

<table>
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<td>Original (pint)</td>
<td>#0006</td>
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<tr>
<td>Cranberry (pint)</td>
<td>#1189</td>
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<tr>
<td>Cranberry (half gallon)</td>
<td>#1966</td>
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<td>Mandarin (pint)</td>
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Herbal Aloe Ready-to-Drink

<table>
<thead>
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<th>Flavor</th>
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<tr>
<td>Original (gallon)</td>
<td>#0004</td>
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</table>

Talk to your Herbalife Independent Distributor to get the support you need to start making simple, proactive changes to your diet and lifestyle today.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.
The recommended intake of dietary fiber is 25 g for women and 38 g for men. However, the average American consumes only 14 g of dietary fiber daily, well below the recommended amount.

Active Fiber Complex

5 g of balanced soluble and insoluble fiber (excellent source)

- Promotes regularity and minimizes bloating
- Supports growth of friendly intestinal bacteria
- Add to Formula 1 for a thicker, smoother shake

Apple Unflavored #2864 #2865
21-DAY HERBAL BALANCING PROGRAM

Begin and maintain your digestive health regimen

- AM Renew Formula – A morning tablet formulated with milk thistle, traditionally used for liver support*
- PM Reset Formula – An evening tablet formulated with dandelion, traditionally used for healthy fluid balance*

21-Day Herbal Balancing Program | #1154

DIGESTIVE HEALTH PROGRAM

Supports healthy gastrointestinal function*
Keep your system on track with our 3-in-1 Starter Kit.* Includes:

- Herbal Aloe Concentrate (Natural or Mango flavor)
- 21-Day Herbal Balancing Program (AM/PM companion formulas)
- Simply Probiotic

Mango | #1226
Natural | #1225

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Core Complex

Comprehensive heart health

Convenient daily packets contain six softgels, including:

- Herbalifeline®
- Tri-Shield®
- CoQ10 Plus
- Plant Sterols help support healthy cholesterol levels already within a normal range.* B vitamins help to maintain healthy homocysteine levels that are already within a normal range.*

Niteworks®

Nighttime supplement for a healthy cardiovascular system*

- Amino acids L-arginine and L-citrulline support nitric oxide production and blood flow for the healthy function of the heart, brain and other organs*
- Nitric oxide production supports healthy blood pressure levels already within a normal range and blood vessel elasticity*
- L-arginine and L-citrulline help keep blood vessels toned and flexible for healthy vascular function*

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†NKO® is a registered trademark of Neptune Technologies and Bioressources, Inc.

**The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.

If you haven’t considered the health of your heart in the past, the good news is you can start supporting your cardiovascular system now by making heart-healthy lifestyle changes. You have the power to support your heart health!*

Louis Ignarro  
Ph.D., Nobel** Laureate in Medicine, Member, Herbalife Nutrition Advisory Board

**Herbalifeline®**

A high-quality blend of Omega-3 fatty acids

- Omega-3 fatty acids help maintain healthy cholesterol and triglyceride levels already within a normal range*
- Taking DHA regularly also helps to support normal brain function and vision*
- Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease

**CoQ10 Plus**

Energy for the heart*

- CoQ10 provides energy to heart cells and supports the heart muscle*
- Vitamin D supports heart health*
- Antioxidant activity of CoQ10 protects cells from damaging effects caused by oxidative stress*

**Mega Garlic Plus**

Formulated with garlic in a convenient tablet form

- Garlic supports healthy circulation, heart health and healthy triglyceride and cholesterol levels already within a normal range*
- Vitamin C provides antioxidant support*

"If you haven’t considered the health of your heart in the past, the good news is you can start supporting your cardiovascular system now by making heart-healthy lifestyle changes. You have the power to support your heart health!"

Louis Ignarro  
Ph.D., Nobel** Laureate in Medicine, Member, Herbalife Nutrition Advisory Board

**Tri-Shield®**

Krill-sourced Omega-3s

- This proprietary blend is formulated with Omega-3 fatty acids from Neptune Krill Oil (NKO™), which support cardiovascular health*
GOOD HEART HEALTH BEGINS WITH THE RIGHT NUTRIENTS

The Herbalife® Heart Health line, endorsed by Dr. Lou Ignarro, is the capstone to maintaining cardiovascular wellness.

Support healthy circulation:
Garlic supports healthy circulation.*

Maintain healthy cholesterol levels:
Evidence from epidemiological and clinical trials suggests that Omega-3 polyunsaturated fatty acids may have a significant role in maintaining healthy cholesterol levels already within normal range.*

Support cardiovascular health:
Omega-3 fatty acids from krill oil support cardiovascular health.*

Support vascular health:
Niteworks® is a dietary supplement formulated with L-arginine and L-citrulline that help the body create more life supporting nitric oxide.* Research indicates that nitric oxide production supports healthy blood pressure levels already within a normal range and blood vessel elasticity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Rest is an important part of a healthy lifestyle for all ages. It rejuvenates your body and mind, and regulates your mood.

**Sleep Now**

*Helps you get the rest you need*
- Melatonin supports sound sleep so you can rest easy*

**Relax Now**

*Jujube seeds help maintain calmness*
- Jujube and passionflower help you cope with occasional stress and maintain a healthy mood*

“Rest is an essential part of a good fitness plan and can help you get better results from your workouts.”

**Samantha Clayton**
Senior Director, Worldwide Fitness Education, Herbalife

*DID YOU KNOW?*

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DISTRIBUTOR REFUND POLICY: If Distributorship is canceled for any reason, you may return all unopened products that were purchased in the previous 12 months for a full refund. To obtain a refund, Distributors may call Herbalife at 866-866-4744 or submit the refund form available at MyHerbalife.com.

HERBALIFE CUSTOMER AND PREFERRED MEMBER REFUND POLICY: If for any reason you are not completely satisfied with any Herbalife® product purchased directly from Herbalife or an Herbalife Independent Distributor, you may return it within 30 days from receipt for a full refund or product exchange. Refunds and exchanges may be obtained by following the instructions available at Herbalife.com or by calling 866-866-4744 or by contacting your Herbalife Independent Distributor.

ONE COP, ONE COMMUNITY, INSPIRING RESULTS

Police officer Robert L., father of three, has been serving the city of Los Angeles for 19 years, as well as volunteering as a youth football coach.
I was at work one day and looked down to see my stomach touching the gas tank on my motorcycle, and that was my “oh wow” moment. I called my brother-in-law—who is a certified personal trainer—and asked him to put me on a workout program, and he was like, “I tried to tell you six months ago, try Herbalife.” I tried Herbalife® products, along with a balanced diet and exercise, and got tremendous results.*

When I took a look at the business opportunity of Herbalife, and realized the type of impact I could have in the community as far as helping people, it was a no-brainer for me.

I love the fact that my Herbalife business allows me to generate extra income that I can put towards my children’s education. The extra income that I make with Herbalife has changed everything for us.†

I definitely see similarities in being a police officer and Herbalife. With my job, I get to help the community. I’m making my community safer and saving lives. With Herbalife, I feel like I’m doing the same type of work, just in a different context, and I’m still making my community a better place for them.

*People who use Herbalife® Formula 1 twice a day as part of a healthy lifestyle can generally expect to lose around half a pound to 1 pound per week.
†Income depicted is unique to the individual and is not typical. Achievements require skill & consistent work. For typical earnings, see Statement of Average Gross Compensation at Herbalife.com.
SUPPORT YOUR IMMUNE SYSTEM*

Garden 7® Phytonutrient Supplement

Get your daily phytonutrients
- Delivers 7+ phytonutrients like those found in fruits and vegetables
- Contains powerful antioxidant vitamins A (as beta-carotene) and C
- Helps nourish cells and organs so they function properly*

90 tablets | #3272

Best Defense®

Supports immune health*
- Formulated with Echinacea to support immune health*
- 1,000 mg vitamin C, a powerful antioxidant
- Contains 8 mg of zinc to support the body’s immune function*
- Convenient for on-the-go use

10 TABLETS
Orange Boost | #1502

Schizandra Plus

Excellent source of selenium
- Selenium and vitamins A (as beta-carotene), C and E provide general antioxidant support against free radicals*
- Vitamins C and E support the immune system*
- Excellent source of selenium and vitamins A (as beta-carotene), C, E and B6
- Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

60 tablets | #0022

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
VITALITY AND WELL-BEING FOR MEN

Addressing your male-specific health needs benefits your overall well-being. Herbalife® Men’s Health products help you get the most out of life.*

Male Factor 1000®
A blend of nutrients for men
- Proprietary blend of green oats, nettle, ginseng, calcium and vitamin C
60 capsules #0024

Prelox®† Blue
Supports male sexual health*
- Formulated with L-arginine and Pycnogenol®† to support male sexual health*
60 tablets #0039

Ultimate Prostate Formula
Promotes prostate health*
- Formulated with saw palmetto, which promotes prostate health and urinary function*
- Excellent source of antioxidant vitamin E
60 softgels #0053

†Prelox® and Pycnogenol®† are trademarks of Horphag Research Ltd. This product is sold under license of U.S. patents 6,117,872; 6,646,006 and other rights.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
“It’s not about looking young forever, it’s about feeling younger every day. Taking care of yourself in early stages makes a huge difference in maturity.”

Rocio Medina, M.D.
Vice Chairwoman and Member,
Herbalife Nutrition Advisory Board
ESSENTIAL NUTRITION FOR YOUR KIDS

You want the best nutrition for your kids so that they grow up healthy and strong. Herbalife® Kids Shake can help your kids meet their total nutrient requirements.

Kids Shake

Great-tasting nutritious snack for kids ages 4 and up

- Good source of protein and fiber
- 17 essential vitamins and minerals
- Excellent source of calcium, B-complex vitamins and antioxidant vitamins A (as beta-carotene), C and E

Chocolate     #0368
SET THE STAGE FOR HEALTHY AGING

It’s never too early to focus on healthy aging. Herbalife® Healthy Aging products are formulated to help you stay active no matter what age you are.

**Joint Support Advanced**

*Nutrients for joint health*

- Formulated with glucosamine to support healthy joint function and comfort*
- Excellent source of antioxidant selenium to support healthy aging*
- Excellent source of manganese and a good source of copper

90 tablets | #0555

**Ocular Defense Formula**

*Supports healthy vision*

- Lutein supports eye health and healthy vision*
- Provides antioxidant vitamins A (as beta-carotene), C and E*

30 tablets | #0064

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*
LET THE BEST OF YOU SHINE THROUGH

An easy-to-mix powder that you can blend with water, your favorite shake, tea or aloe, Herbalife SKIN® Collagen Beauty Booster helps you shine from the inside out. With all the right ingredients to help your skin, hair and nails look their best, this supplement makes a great addition to your healthy skin routine.

Herbalife SKIN® Collagen Beauty Booster

Verisol®* Collagen helps promote the production of collagen and elastin**

- Formulated with Verisol®* Collagen, which has been tested to show support of skin elasticity and the reduction of fine wrinkles**
- Bioactive Collagen Peptides®† can reduce signs of cellulite**
- Supports strong nails and healthy hair with selenium, zinc and biotin**
- Contains vitamins A (as beta-carotene), C and E, which help prevent harmful free radical cell damage that ages your skin**

Strawberry Lemonade

REAL RESULTS, FEWER FINE LINES††

*Verisol® is a registered trademark of GELITA AG.
**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
††Women aged 45 and older can generally expect comparable improvement in appearance of wrinkles by using the Herbalife® product as directed, administering at least 2.5 g daily of the Verisol® branded ingredient, over a period of at least 4 weeks. Based on a study of 108 women, consuming 2.5 g of Verisol® ingredient in neutral composition daily for 4 and 8 weeks.
POWER YOUR PURPOSE

We understand that being an athlete is a lifestyle—one that requires dynamic nutrition for your day-to-day needs. Herbalife24® is a performance nutrition line that can be customized based on your specific schedule. Take training, performance and recovery to the next level with nutrition for the 24-hour athlete.

Eat with purpose. I eat a variety of quality proteins throughout the day and use Herbalife® products for my daily nutrition, and Herbalife24® products for my pre-, during and post-workout nutrition. So next time you have to make a nutrition decision, ask yourself, ‘Why am I eating this?’

JOHN HEISS
Ph.D., Sr. Director, Sports and Fitness, Worldwide Product Marketing, Herbalife

<table>
<thead>
<tr>
<th>MORNING</th>
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<th>DURING WORKOUT</th>
<th>AFTER WORKOUT</th>
<th>NIGHT</th>
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<tr>
<td>FORMULA 1 SPORT</td>
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<td>CR7 DRIVE</td>
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<td>REBUILD STRENGTH</td>
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<tr>
<td>RESTORE</td>
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</table>

Find the Herbalife24® regimen that works for your routine at Herbalife24.com/Products.
“We are part of an incredible company, making great nutrition products that help people lead healthy, active lives. The opportunity that we have in this company, in our marketplace today, is to bring the best nutritional products in the world to our customers every single day through personal interaction with an Herbalife Independent Distributor.”

Michael O. Johnson
Executive Chairman, Herbalife
ENERGY & FITNESS | SPORTS

FORMULA 1 SPORT
Healthy meal for athletes
- Milk protein supports lean muscle mass
- Carbohydrate blend provides immediate and sustained energy
- L-glutamine supports muscle growth and immune function
- Antioxidant support

Creamy Vanilla: #1412
Chocolate: #1438

PREPARE
Nitric oxide precursor (L-arginine, L-citrulline, and L-ornithine) and creatine supplement system
- L-arginine supports healthy blood flow*
- Contains 2.1 g of creatine per serving to support muscle strength*
- Caffeine helps maintain focus and performance*

Tropical Mango: #1414

REBUILD STRENGTH
Immediate and sustained muscle recovery*
- 24 g of whey and casein proteins per serving create a rapid and sustained protein-building state*
- Tri-core protein-amino blend of free amino acids, whey and casein proteins help rebuild muscle and speed recovery*
- Iron essential for red blood cell production*
- Branched-chain amino acids support muscle growth*
- L-glutamine supports immune function and promotes muscle repair**

Chocolate: #1417

PROLONG
Sustain performance with dual-source carbohydrates and electrolytes*
- Dual-source carbohydrate blend facilitates caloric utilization*
- Whey protein isolate helps reduce muscle breakdown*
- 850 mg of electrolytes per serving support proper muscle function†
- B vitamins support carbohydrate metabolism†
- 500% DV of vitamin C helps combat free radicals†

Subtle Lemon: #1415

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
†On the basis of laboratory tests of the formula for Glycemic Index (GI) value, this is a low-GI food.
After training and games, it’s important to recover the muscles. I cannot live without that and to be part of Herbalife is a pleasure. It’s a great honor for me. I think they have fantastic products and I take them.

**CR7 DRIVE**

**Advanced hydration and fuel for your active lifestyle**

- Formulated with vital electrolytes like 135 mg sodium, 125 mg potassium and 60 mg magnesium to help enhance hydration
- B12 is essential to supporting metabolism, and CR7 Drive contains 50% DV of methylcobalamin, the biologically active form of vitamin B12

<table>
<thead>
<tr>
<th>Canister</th>
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<tbody>
<tr>
<td>Packets</td>
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As an independent, accredited organization, National Sanitation Foundation (NSF) International tests and certifies products. The NSF Certified for Sport® marking assures your Herbalife® products have been rigorously tested for quality and are free of athletic banned substances as defined by the World Anti-Doping Agency (WADA).

Learn more about the stringent quality control measures that define the NSF at NSFSport.com/About.asp.

**NSF**

**Restore**

**Helps combat exercise-induced muscle inflammation**

- Contains antioxidant vitamins A (as beta-carotene), C and E and botanical ingredients to support against free radicals
- Supports immunity

| Restore | #1418 |
You give 100 percent to your workouts and you’re rewarded for your efforts, but in the process you lose fluids and vital electrolytes. Herbalife® H³O® Fitness Drink provides rapid hydration, immediate energy and vitamins C and E antioxidant support to optimize your workout. Drink during physical activity to keep your body properly hydrated and energized.

**H³O® Fitness Drink**

Rehydrate and replenish

- Essential electrolytes such as potassium, sodium and magnesium support rapid hydration and replace electrolytes lost in sweat
- Carbohydrate blend for immediate energy
- Excellent source of vitamins C and E to neutralize free radicals
- Quenches thirst and replaces lost fluids

**CANISTER**

Orangeade #2745

**PACKETS**

Orangeade #2718

(15 packets per box)
ENERGIZE YOUR PERFORMANCE

Whether you’re out for a run, at the gym or engaged in sport, Herbalife® Liftoff® is formulated with a unique energy blend with caffeine and B vitamins to support top performance.*

Liftoff®

Gives you the caffeine boost you need to stay alert and focused*

- Supports brain function, accelerates memory recall† and helps reduce the feeling of mental fatigue with ginsenosides*
- Specially formulated with 351 mg of a unique energy blend that includes Panax ginseng, L-taurine, caffeine, guarana extract and inositol
- Loaded with vitamin C and energy-supporting B vitamins: B1, B2, B3, B5, B6, B7 and B12*

10 TABLETS
Ignite-Me Orange #3151
Lemon-Lime Blast #3152
Pomegranate-Berry Burst #2629
Tropical-Fruit Force #2696

30 TABLETS
Ignite-Me Orange #3277

†Temporary benefit based on consumption of ginseng by healthy young adults.
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnosis, treat, cure or prevent any disease.
Because of its stimulating effects, caffeine use during exercise may help make the exercise seem easier.

Susan Bowerman, M.S., R.D., C.S.S.D., C.S.O.W.M., F.A.N.D.
Director, Worldwide Nutrition Education and Training, Herbalife

"Because of its stimulating effects, caffeine use during exercise may help make the exercise seem easier."

Susan Bowerman, M.S., R.D., C.S.S.D., C.S.O.W.M., F.A.N.D.
Director, Worldwide Nutrition Education and Training, Herbalife
Green Tea

Healthy hydration

With 25 mg of caffeine per serving, this refreshing tea is lower in caffeine than an 8 fl oz cup of coffee.

- Hydration for any time of day
- Supports the body’s antioxidant activity
- Protects against free radical damage
- No artificial flavors or sweeteners
- Zero calories
- For optimal experience, mix a little less than ½ teaspoon (0.8 g) with 8 oz of water
- Made with non-GM ingredients

Types of teas:
- Green tea

Healthy Hydration with Green Tea

- With 25 mg of caffeine per serving, this refreshing tea is lower in caffeine than an 8 oz cup of coffee and provides hydration throughout the day
- Types of teas: Green tea

Gentle Lift with N-R-G Tea Nature’s Raw Guarana Tea Mix

- Contains caffeine (40 mg) and provides a gentle boost
- Types of teas: Blend of guarana and orange pekoe teas

Boost Metabolism* with Herbal Tea Concentrate

- Contains 85 mg of caffeine per serving, which jump-starts your metabolism and provides an energizing boost to help you feel revitalized
- Types of teas: Blend of green and orange pekoe teas

*

HERBALIFE HAS INSTANT AND EASY-TO-PREPARE TEAS THAT CAN BE ENJOYED HOT OR COLD AND CONSUMED AT HOME OR ON THE GO.

*Caffeine is known for its natural thermogenic (metabolism-boosting) benefits.
RESULTS IN 7 DAYS

Herbalife SKIN® products have been clinically tested to provide results in just 7 days.^

Your skin is delicate and needs to be handled with care, but you also need products strong enough to deliver results. Quality ingredients, botanicals and extracts are combined with science to promote beautiful, healthier-looking skin. Herbalife SKIN® products have no added parabens or sulfates, and are dermatologist tested for safety.

**Results applicable to Line Minimizing Serum, Replenishing Night Cream, Daily Glow Moisturizer, and Protective Moisturizer Broad Spectrum SPF 30.**

*Clinically tested on subjects, measuring sebum levels immediately after application. 100% of subjects showed sebum reduction on surface of skin after one use.

†Clinically tested on subjects, skin roughness measured by Visioscan at intervals of 0, 7 and 42 days.

‡Clinically tested on subjects for smoothness, softness, glow, radiance and luminosity measured by visual expert grading at intervals of two, four and seven days. 100% of subjects showed improvement in all five areas over seven days.

§Clinically tested on subjects for firmness and elasticity measured by visual expert grading at intervals of seven days and 42 days. In 85% of subjects, improvement was seen in the appearance of firmness/elasticity in skin under the eye at 42 days.

**Clinically tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 100% of subjects showed significantly higher moisture levels over baseline after eight hours.

### A Soothing Aloe Cleanser

**Removes excess oil, dirt and makeup**

- Softens and moisturizes
- For normal to dry skin

**STEP 1**

150 ml tube | #0765

### B Polishing Citrus Cleanser

**Cleans and revitalizes your skin**

- Clinically tested to show a reduction in the skin’s sebum after just one use*
- Removes excess oil, dirt and makeup
- For normal to oily skin, including combination skin
- Great for shaving

**STEP 1**

150 ml tube | #0766

### C Energizing Herbal Toner

**Refreshes tired-looking skin**

- Hydrates, gently conditions and soothes skin
- Freshens and cleans skin without drying or stinging

**STEP 2**

50 ml spray bottle | #0767

### D Line Minimizing Serum

**Clinically tested to:**

- Reduce the appearance of fine lines and wrinkles†
- Improve softness, smoothness, radiance, glow and luminosity in just seven days‡

**STEP 3**

30 ml airless pump | #0768

### E Firming Eye Gel

**Clinically tested to:**

- Improve the appearance of the delicate eye area by increasing skin’s elasticity§
- Ophthalmologist tested
- Contains cucumber extract

**STEP 4**

15 ml airless pump | #0770

### F Hydrating Eye Cream

**Clinically tested to:**

- Minimize lines and wrinkles around the eyes†
- Show a significant increase in the skin’s moisture over eight hours**

**STEP 4**

15 ml airless pump | #0771
Daily Glow Moisturizer

Clinically tested to:
- Double skin’s moisture over eight hours
- Reveal skin that looks more glowing and feels softer and smoother in just seven days
- Reduce the appearance of fine lines and wrinkles

Protective Moisturizer

Broad Spectrum

SPF 30 Sunscreen

Clinically tested to:
- Double skin’s moisture over eight hours
- Show that skin looks more glowing and feels softer and smoother in just seven days
- Reduce the appearance of fine lines and wrinkles
- Provide broad spectrum UVA/UVB protection SPF 30

Replenishing Night Cream

Clinically tested to:
- Double skin’s moisture over eight hours
- Provide noticeable improvement of overall skin complexion and luminosity in just seven days
- Reduce the appearance of fine lines and wrinkles

STEP 5:
- Daily Glow Moisturizer
- Protective Moisturizer
- Replenishing Night Cream

30 ml airless pump #0769 #0899 #0774

*Tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.
†Tested on subjects measured by visual expert grading on intervals of two, four and seven days. 100% of subjects showed improvement over seven days in smoothness, softness, glow, radiance and luminosity.
‡ Clinically tested on subjects measured by visual expert grading on intervals of two, four and seven days. 96% of subjects showed improvement over seven days in smoothness, softness, glow and radiance. 93% showed improvement over seven days in luminosity.
§ Test on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.
*Tested on subjects measured by visual expert grading on intervals of two, four and seven days. 100% of subjects showed improvement over seven days in smoothness, softness, glow, radiance and luminosity.
†† Clinically tested on subjects measured by visual expert grading on intervals of two, four and seven days. 96% of subjects showed improvement over seven days in smoothness, softness, glow and radiance. 93% showed improvement over seven days for luminosity.

SkiN AND haIR Care | HEaLthy SkiN
**Instant Reveal Berry Scrub**

Protect and clean the skin to reveal softer, smoother, healthy-looking skin.

- Removes dead skin cells
- Use in place of cleanser

120 ml tube | #0772

**Clinically tested to:**
- Improve the appearance of pores and tighten and tone the skin after just one use
- Help the old layer of cells to shed with bentonite clay

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**Purifying Mint Clay Mask**

Clinically tested to:
- Improve the appearance of pores and tighten and tone the skin after just one use
- Help the old layer of cells to shed with bentonite clay
FIND THE RIGHT PROGRAM FOR YOU

BASIC

The perfect start to glowing skin
- Soothing Aloe Cleanser (For Normal to Dry Skin)
- Polishing Citrus Cleanser (For Normal to Oily Skin)
- Energizing Herbal Toner
- Daily Glow Moisturizer
- Replenishing Night Cream

Normal to Dry Skin #1492
Normal to Oily Skin #1496

ADVANCED

Take your skin care regimen up a notch
Includes all Basic Program products, PLUS:
- Line Minimizing Serum
- Hydrating Eye Cream
- Firming Eye Gel

Normal to Dry Skin #1493
Normal to Oily Skin #1497

ULTIMATE

The ultimate skin care experience
Includes all Advanced Program products, PLUS:
- Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- Instant Reveal Berry Scrub
- Purifying Mint Clay Mask

Normal to Dry Skin #1488
Normal to Oily Skin #1489

Purchase the Ultimate Program and receive a special gift.
DAILY SKIN CARE REGIMEN

Achieve results you can quickly see and feel by following the Daily Skin Care Regimen.

**AM**
- **STEP 1: CLEANSE**
  - Soothing Aloe Cleanser (For Normal to Dry Skin)
  - OR –
  - Polishing Citrus Cleanser (For Normal to Oily Skin)
- **STEP 2: TONE**
  - Energizing Herbal Toner
- **STEP 3: TREAT**
  - Line Minimizing Serum
- **STEP 4: TARGET**
  - Firming Eye Gel
- **STEP 5: MOISTURIZE**
  - Daily Glow Moisturizer
  - OR –
  - Protective Moisturizer Broad Spectrum SPF 30 Sunscreen

**PM**
- **STEP 1: CLEANSE**
  - Soothing Aloe Cleanser (For Normal to Dry Skin)
  - OR –
  - Polishing Citrus Cleanser (For Normal to Oily Skin)
- **STEP 2: TONE**
  - Energizing Herbal Toner
- **STEP 3: TREAT**
  - Line Minimizing Serum
- **STEP 4: TARGET**
  - Firming Eye Gel
- **STEP 5: MOISTURIZE**
  - Daily Glow Moisturizer
  - OR –
  - Protective Moisturizer Broad Spectrum SPF 30 Sunscreen

**WEEKLY:**

**DEEP CLEANSE**
- Instant Reveal Berry Scrub (1-3 times a week)

**PURIFY**
- Purifying Mint Clay Mask (1-3 times a week)
Clinically tested to show more glowing, softer and smoother skin, with reduced fine lines and wrinkles, in just seven days.*

Includes

- Soothing Aloe Cleanser
- Line Minimizing Serum
- Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- Daily Glow Moisturizer
- Replenishing Night Cream
- Purifying Mint Clay Mask

PLUS complimentary packets of:

- Polishing Citrus Cleanser
- Firming Eye Gel
- Hydrating Eye Cream
- Instant Reveal Berry Scrub

7 Day Results Kit

#1455
NOURISH YOUR SKIN FROM WITHIN

Herbalife SKIN® Collagen Beauty Booster mixes easily with water, your favorite shake, tea or aloe. When you consume as directed—one a day—it works beneath the skin’s surface, promoting the production of collagen and elastin.

Herbalife SKIN® Collagen Beauty Booster

Verisol®* Collagen helps promote the production of collagen and elastin**

- Formulated with Verisol®* Collagen, which has been tested to show support of skin elasticity and the reduction of fine wrinkles**
- Bioactive Collagen Peptides®† can reduce signs of cellulite**
- Supports strong nails and healthy hair with selenium, zinc and biotin**
- Contains vitamins A (as beta-carotene), C and E, which help prevent harmful free radical cell damage that ages your skin**
- Mix with water or add to your shake, tea or aloe

Strawberry Lemonade #0831

WHY DO YOU NEED A COLLAGEN BOOSTER?

As we age, the production of collagen in our bodies diminishes, resulting in the loss of firmness and elasticity, and the appearance of wrinkles.

*Verisol® is a registered trademark of GELITA AG
†Bioactive Collagen Peptides® is a registered trademark of GELITA AG
**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Formulated with salicylic acid, this dermatologist-tested treatment doesn’t just fight against acne breakouts, it also helps soothe your skin with fresh-scented botanicals like aloe, witch hazel, and orange and tea tree oils. So don’t let your skin hold you back any longer – get Clearify® and break free from acne breakouts!
**Clearify® line**

**Salicylic Acid Acne Treatment**
- Penetrates pores to eliminate most acne blemishes, blackheads and whiteheads
- Clears up most acne blemishes and allows skin to heal
- Reduces the severity of acne breakouts
- Helps prevent new blemishes from forming

---

**A CLOSER LOOK AT CLEARIFY®***

**Cleanser**
With no added parabens or sulfates, this gentle cleanser removes dirt and makeup, and reduces the severity of acne blemishes, blackheads, and whiteheads

**Moisturizer**
This refreshing moisturizer clears up most acne blemishes, soothes skin with tea tree oil, and can even help prevent new blemishes from forming

**Mask**
Formulated with bentonite and kaolin clay, tea tree oil and licorice root extract, this mask penetrates pores to help eliminate most acne breakouts

**Spot Treatment**
Apply directly onto blemishes and combat breakouts with the acne-fighting power of salicylic acid, aloe and witch hazel

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**Acne Kit**
Customize this easy-to-follow regimen to your liking with the complete acne kit, which includes the Cleanser, Moisturizer, Mask and Spot Treatment

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*See product packaging for complete instructions, warnings and ingredients.*
SKIN AND HAIR CARE | BATH AND BODY

CLEANSE, MOISTURIZE AND REJUVENATE

Pamper your skin and hair with the benefits of Herbal Aloe.

A Face & Body Sunscreen SPF 30

- Broad spectrum protection
- Sweat and water resistant up to 40 minutes
- Doubles skin’s moisture for 8 hours*
- Recommended as an effective broad spectrum sunscreen

120 ml tube | #0921

B Bath & Body Bar

Cleanse and refresh your skin
- Gentle coconut-derived cleansers refresh skin
- Rich suds infused with aloe vera and olive oil
- Fresh, clean scent

125 g bar | #2566

C Soothing Gel

Moisturizes and soothes skin
- Shown to leave skin smoother and softer†
- Infused with aloe vera and skin-conditioning botanicals to moisturize and soothe skin
- No added fragrance

200 ml tube | #2562

*Tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.
†In a self-assessment, 100% of subjects reported Herbal Aloe Soothing Gel left skin feeling soft and smooth and improved its appearance.
**D** Strengthening Shampoo

**E** Strengthening Conditioner

Plant-derived microproteins strengthen and moisturize for silky smooth hair. Color-preserving formula without added sulfates.

Clinically tested to:

- Leave damaged hair 10 times stronger after just one use†
- Reduce damaged hair breakage by 90%§

<table>
<thead>
<tr>
<th>250 ml tube</th>
<th>Strengthening Shampoo</th>
<th>#2564</th>
</tr>
</thead>
<tbody>
<tr>
<td>250 ml tube</td>
<td>Strengthening Conditioner</td>
<td>#2565</td>
</tr>
</tbody>
</table>

†When using Herbal Aloe Strengthening Shampoo and Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

§Test measuring skin moisture levels by Novameter. Skin of 100% of subjects showed double the moisture levels over baseline after 20 minutes.

**F** Hand & Body Wash

Cleanses and moisturizes skin

- Gentle plant-derived cleansers refresh skin
- Non-drying formula contains silkening moisturizers, including aloe vera, to leave skin soft and hydrated
- Perfect for bath, shower and sink side

| 250 ml tube | #2561 |

**G** Hand & Body Cream

Hydrate your skin

- Clinically tested to increase skin's moisture by 100% after just one use†
- Aloe vera and African shea butter absorb quickly and leave skin smooth and soft

| 200 ml tube | #2563 |

†When using Herbal Aloe Strengthening Shampoo and Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

§Test measuring skin moisture levels by Novameter. Skin of 100% of subjects showed double the moisture levels over baseline after 20 minutes.
YOUR DAILY DOSE OF BALANCE

HEALTHY DIGESTION FOR EVERYDAY WELLNESS

NO REFRIGERATION REQUIRED
Goes where you go

MIXES EASILY WITH YOUR FAVORITE FOOD OR DRINK (HOT, COLD OR FROZEN)

NO ADDED FLAVORS, COLORS, SUGARS OR SWEETENERS

MADE WITH NON-GM INGREDIENTS

ZERO CALORIES
To fit your active lifestyle

CONTACT YOUR HERBALIFE INDEPENDENT DISTRIBUTOR TODAY

HERBALIFE INDEPENDENT DISTRIBUTOR

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